

Key to Indicators for 2004 Diabetes Statewide and Regional Fact Sheets

Using 2003 data



Indicator	Question	Data Source and Year	Respondents	Response Categories	Risk
M ortality					
Diabetes as the underlying cause of death	ICD-9 code 250 ICD-10 code E10-E14	Vital Statistics, 2003	All Missourians	N/A	N/A
H ospitalization					
Diabetes as the primary diagnosis	ICD-9 codes 250.00-250.93, 790.2, 791.5, 791.6	Patient Abstract System 2003	All Missourians	N/A	N/A
Preventable hospitalizations from diabetes	ICD-9 codes 2500-2503, 2508-2509	Patient Abstract System 2003	Missourians <65 years of age	N/A	N/A
E mergency Room Visit					
Diabetes as the Primary Diagnosis	ICD-9 codes 250.00-250.93, 790.2, 791.5, 791.6	Missouri Patient Abstract System	All Missourians	N/A	N/A
P revalence of Diabetes					
Diabetes	Have you ever been told by a doctor that you have diabetes?	BRFSS 2003	Missourians ≥18 years of age	Yes Yes, but female told only during pregnancy No Don't know/Not Sure	Yes Yes, but female told only during pregnancy
Race/ethnicity	Which one or more of the following would you say is your race? Are you Hispanic or Latino?	BRFSS 2003	Missourians ≥18 years of age reporting physician diagnosed diabetes	White Only, Non-Hispanic Black Only, Non-Hispanic Other race only, non-Hispanic* Hispanic Don't know/not sure or refused one or more component questions	N/A
Age	What is your age?	BRFSS 2003	Missourians ≥18 years of age reporting physician diagnosed diabetes	18-24 25-34 35-44 45-54 55-64 65-74 ≥75	N/A

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Indicator	Question	Data Source and Year	Respondents	Response Categories	Risk
P revalence of Diabetes continued					
Annual Household Income	Is your household income from all sources?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	<\$15,000 \$15,000-25,000 \$25,000-50,000 >\$50,000	N/A
Employment Status	Are you currently?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Employed Unemployed Other Retired Disabled	N/A
Educational Attainment	What is the highest grade or year of school completed?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	<High School High School Graduate >High School	N/A
Indicator	Question	Data Source and year	Respondents	Response Categories	Health Behavior
At least 1 physician visit for diabetes in the last year	About how many times in the last month have you seen a doctor, nurse, or other health professional for your diabetes?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes, at least once in the last year No, more than a year	Yes, at least once in the last year
A1C test: 2 or more times in the last year	A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes, at least twice in the last year No, less than twice a year	Yes, at least twice in the last year
Annual Eye exam	When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Within the past year One or more years ago	Within the past year
Annual foot exam by a health care professional	About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes, at least once in the last year No, more than a year	Yes, at least once in the last year

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Indicator	Question	Data Source and Year	Respondents	Response Categories	Health Behavior
P reventive Care Practices continued					
Self-Management Class	Have you ever taken a course or class in how to manage your diabetes yourself?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes No Don't know/not sure	Yes
Annual Flu Shot	During the past 12 months, have you had a flu shot?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes No Don't know/not sure	Yes
Pneumonia Shot	Have you ever had a pneumonia shot? This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine.	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Yes No Don't know/not sure	Yes
Indicator	Question	Data Source and year	Respondents	Response Categories	Risk
R isk factors for complications among those with physician diagnosed diabetes					
Overweight (BMI)	About how much do you weigh without shoes? About how tall are you without shoes?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Not overweight or obese (BMI <25) Overweight (25 ≤ BMI < 30) Obese (BMI ≥30)	Overweight (25 ≤ BMI < 30) Obese (BMI ≥30)
Obese	About how much do you weigh without shoes? About how tall are you without shoes?	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	Not overweight or obese (BMI <25) Overweight (25 ≤ BMI < 30) Obese (BMI ≥30)	Overweight (25 ≤ BMI < 30) Obese (BMI ≥30)

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R isk factors for complications among those with physician diagnosed diabetes					
M eets recommendations for physical inactivity	<p>Now thinking about the moderate physical activity you do [fill in "employed" or "self-employed"] in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?</p> <p>How many days per week do you do these moderate activities for at least 10 minutes at a time?</p> <p>On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?</p> <p>Now thinking about the moderate physical activity you do [fill in "employed" or "self-employed"] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?</p> <p>How many days per week, do you do these vigorous activities for at least 10 minutes at a time?</p> <p>On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?</p>	BRFSS 2003	Missouri adults aged 18 years or older reporting physician diagnosed diabetes	<p>Not at risk</p> <p>At risk</p> <p>Don't know/ Not sure/ Refused/ Missing one or more component questions</p>	At risk

